We claim:

A method of detecting oxidants in a biological sample comprising:
 adding a source of ferrous ions to said sample, whereby the presence of oxidants
 in said sample oxidize at least a portion of said ferrous ions to ferric ions;

adding a chromogenic compound to said sample, whereby said chromogenic compound reacts with at least a portion of any ferric ions present in said sample; and detecting for the product of said chromogenic compound-ferric ion reaction; whereby the detection of said chromogenic compound-ferric ion reaction product indicates the presence of oxidants in said sample.

- 2. The method of claim 1 wherein said sample is a biological sample.
- 3. The method of claim 2 wherein said sample is urine.
- 4. The method of claim 1 wherein said source of ferrous ions is ferrous ammonium sulfate.
- 5. The method of claim 1 wherein said oxidants are selected from the group consisting of ferric, chromates, permanganates, iodates, periodates, oxychlorides, hydroperoxides, hydrogen peroxides, persulfates, oxone, *tert*-butyl hydrogen peroxide, cumene hydrogen peroxide, and nitrites.
- 6. The method of claim 1 wherein said chromogenic compound-ferric ion reaction product is a chromogen from chromogenic oxidation of said chromogenic compound.
- 7. The method of claim 6, wherein said chromogenic compound is selected from the group consisting of 2,2'-Azino-bis(3-ethylbenzthiazoline-6-sulfonic acid), N,N-Dimethylphenylenediamine, and 2-Amino-p-cresol.
- 8. The method of claim 7 wherein said chromogen is detected visually.

- 9. The method of claim 7 wherein said chromogen is detected via spectrophotometric analysis.
- 10. The method of claim 4 wherein said ferrous ions are the product of dissolving ferrous ammonium sulfate in hydrochloric acid in the presence of vanadium.
- 11. The method of claim 1 wherein said chromogenic compound-ferric ion reaction product is a chromogenic complex.
- 12. The method of claim 11 wherein said chromogenic compound is selected from the group consisting of Xylenol orange, 8-Hydroxy-7-iodo-5-quinolinesulfonic acid, and 4,5-Dihydroxy-1,3-benzene-di-sulfonic acid.
- 13. The method of claim 12 wherein said chromogenic complex is detected visually.
- 14. The method of claim 12 wherein said chromogenic complex is detected via spectrophotometric means.
- 15. The method of claim 12 wherein said ferrous ion is present in excess.
- 16. The method of claim 1 wherein said detecting step comprises detecting a concentration of said reaction product.
- 17. The method of claim 16 wherein said concentration is determined by comparing an intensity of said sample to intensities of standards having known concentrations of oxidants.
- 18. The method of claim 17 wherein said comparison is performed using spectrophotometric means.
- 19. A method of detecting adulteration of a urine sample comprising: adding a source of ferrous ions to a urine sample; adding a chromogenic compound to said urine sample;

detecting the presence or absence of a chromogenic reaction product;
determining a concentration of said chromogenic reaction product; and
determining if said concentration signifies adulteration of said urine sample.

- 20. The method of claim 19 wherein said source of ferrous ions is ferrous ammonium sulfate.
- 21. The method of claim 19 wherein said chromogenic compound is selected from the group consisting of 2,2'-Azino-bis(3-ethylbenzthiazoline-6-sulfonic acid), N,N-Dimethylphenylenediamine, and 2-Amino-p-cresol, and wherein said chromogenic reaction product is a chromogenic oxidation product.
- 22. The method of claim 19 wherein said chromogenic compound is selected from the group consisting of Xylenol orange, 8-Hydroxy-7-iodo-5-quinolinesulfonic acid, and 4,5-Dihydroxy-1,3-benzene-di-sulfonic acid, and wherein said chromogenic reaction product is a chromogenic complex.
- 23. The method of claim 19 wherein said chromogenic reaction product is detected visually.
- 24. The method of claim 19 wherein said concentration of chromogenic reaction product is determined spectrophotometrically.
- 25. The method of claim 24 wherein said concentration is determined in milliequivalents per liter of oxidants.
- 26. The method of claim 25 wherein said milliequivalents per liter is based on comparison of said spectrophotometric results with standards having known milliequivalents per liter.

- 27. The method of claim 26 wherein said adulteration determination is based on comparison to an oxidizing property of unadulterated urine.
- 28. The method of claim 27 wherein said sample is determined to be adulterated if the oxidant concentration is determined to exceed 29 milliequivalents per liter.